



Hawkeye Skating Club Basic Skills Competition

May 24-25, 2009

(exact day of Basic Skills Events TBA)

To be held at
Coral Ridge Ice Arena
@ Coral Ridge Mall
1451 Coral Ridge Avenue
Coralville, IA 52241

Chief Referee: DG Garrity

Hosted by the Hawkeye Skating Club
Website: <http://www.hawkeyeskating.org>
For more information please contact (e-mail preferred)
Michael E. Flatté
michael_flatte@mailaps.org
319-594-2181 (7-9pm only)

Basic Elements: Snowplow Sam – Basic 8
Free Skate Elements: Free Skate 1-6
Basic Program: Snowplow Sam – Basic 8
Free Skate Program: Free Skate 1-6

Open to all U. S. Figure Skating Basic Skills Members
Closing Date: April 23, 2009

6.0 Judging used for all events
Sanctioned by US Figure Skating



Primary sponsor: Greater Iowa City/Coralville Area Sports Authority



Eligibility

The competition is open to ALL skaters who are current eligible (ER 1.00) member of either the Basic Skills Program and/or are full members of U. S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the Hawkeye Skating Club, the Coral Ridge Ice Arena Basic Skills Program, or any other U. S. Figure Skating Basic Skills Program/Club.

Eligibility will be based on skill level as of April 23, 2009. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Entries and Fees

All entries must be postmarked by April 23, 2009. Late entries will be accepted subject to approval by the referee with an extra charge of \$25. The entry fee is \$35 for the first Basic Skills event and \$15 for each additional Basic Skills event. NO REFUNDS will be issued unless the Competition Committee cancels the event. ENTRY FORMS MUST BE FILLED OUT COMPLETELY and returned with a check made payable to the Hawkeye Skating Club. There will be a \$25 fee for all returned checks. Skaters may enter only one level in any given event.

If you wish to be notified of competition times, please enclose a self-addressed stamped envelope. Competition schedule will also be posted on our website, www.hawkeyeskating.org

Music

Competitors must provide music on CD's only. CD may contain only one track and must be burned using standard software. CD should have skater's name written on it (no stickers). Competition music must be turned in at the time of registration. Please make sure all music is recorded at adequate volume. **A CD must be available with the skater's coach during the competition.** CDs can be picked up at the registration desk after event is skated.

Practice Ice

There will be a brief warm-up session prior to the event. Practice ice is NOT included in entry fee. Competitors may purchase one practice session at a cost of \$10.00 per 30-minute session. Every attempt will be made to schedule practice ice the morning of skater's events, however it may be scheduled the day prior. Music will not be played on practice ice.

Awards

Awards will be presented to all participants. Awards will be presented off ice at the photographer's table immediately after each event. Skaters should report to the photographer's table immediately after results are posted in their skates and costumes. All skaters will receive an award and will be included in the event picture.

Event Cancellation

Any scheduled event may be canceled if fewer than three skaters are entered. Due to ice limitations the Chief Referee reserves the right to limit entries based on earliest postmark or to eliminate events with suitable notification to the entrants and return entry fees for that event.

Events

Basic Elements: Snowplow Sam – Basic 8

- Each skater will have the option to perform one element at a time
 - A. In the order listed below (no excessive connecting steps)

OR

 - B. Will perform each element when directed by a judge or referee
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

Snowplow Sam – Tots:

1. March followed by a two foot glide and dip
2. Forward two foot swizzles 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles 2-6 in a row

Basic 1

1. Forward two foot glide
2. Forward two foot swizzles 6-8 in a row
3. Forward snowplow stop
4. Backward wiggle 6-8 in a row

Basic 2

1. Forward one foot glide – either foot
2. Forward alternating ½ swizzle pumps, in a straight line – across width of ice
3. Two foot turn in place forward to backward
4. Backward two foot swizzles 6-8 in a row
5. Moving snowplow stop

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive
3. Moving forward to backward two foot turn – either direction
4. Backward one foot glide – either foot
5. Two foot spin

Basic 4

1. Forward outside edge on a circle clockwise or counter clockwise
2. Forward crossovers 6-8 consecutive both directions
3. Forward outside three turn – R & L
4. Backward stroking
5. Backward snowplow stop – R or L

Basic 5

1. Backward outside edge on a circle clockwise or counterclockwise
2. Backward crossovers 6-8 consecutive – both directions
3. One foot spin – minimum of three revolutions
4. Hockey stop
5. Side Toe hop – either direction

Basic 6

1. Forward inside three turn – R & L from a standstill
2. Bunny Hop
3. Forward spiral on a straight line – R or L
4. Lunge – R or L
5. T-stop – R or L

Basic 7

1. Forward inside open Mohawk – R to L and L to R
2. Ballet Jump – either direction
3. Back crossovers to a back outside edge landing position clockwise and counter clockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside three turns R & L
2. Waltz Jump
3. Mazurka – either direction
4. Combination move – clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge
5. Beginning one-foot upright spin – optional free foot position

Basic Program Event: Snowplow Sam – Basic 8

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

Snowplow Sam – Tots:

1. March followed by a two foot glide and dip
2. Forward two foot swizzles 2-3 in a row
3. Backward wiggles 2-6 in a row
4. Forward snowplow stop

Basic 1

1. Forward two foot glide
2. Forward two foot swizzles 6-8 in a row
3. Backward wiggles 6-8 in a row
4. Forward snowplow stop

Basic 2

1. Forward one foot glide – either foot
2. Forward alternating ½ swizzle pumps, in a straight line – across width of ice
3. Two foot turn in place forward to backward
4. Backward two foot swizzles 6-8 in a row
5. Moving snowplow stop

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive
3. Moving forward to backward two foot turn – either direction
4. Backward one foot glide – either foot
5. Two foot spin

Basic 4

1. Forward outside edge on a circle clockwise or counter clockwise
2. Forward crossovers 6-8 consecutive both directions
3. Forward outside three turn – R & L
4. Backward stroking
5. Backward snowplow stop – R or L

Basic 5

1. Backward outside edge on a circle clockwise or counterclockwise
2. Backward crossovers 6-8 consecutive – both directions
3. One foot spin – minimum of three revolutions
4. Hockey stop
5. Side Toe hop – either direction

Basic 6

1. Forward inside three turn – R & L from a standstill
2. Bunny Hop

3. Forward spiral on a straight line – R or L
4. Lunge – R or L
5. T-stop – R or L

Basic 7

1. Forward inside open Mohawk – R to L and L to R
2. Ballet Jump – either direction
3. Back crossovers to a back outside edge landing position clockwise and counter clockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside three turns R & L
2. Waltz Jump
3. Mazurka – either direction
4. Combination move – clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge
5. Beginning one-foot upright spin – optional free foot position

Free Skate Elements Event: Free Skate 1-6

- In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- To be skated on ½ ice
- No music is allowed
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 or less

Free skate level 1 Compulsory

1. Advanced forward stroking – 4-6 consecutive
2. Basic forward outside edges and forward inside consecutive edges – 2-4 outside and 2-4 inside
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

Free skate level 2 Compulsory

1. Forward outside spiral – R or L, and a forward inside spiral – R or L
2. Waltz Three's – R or L
3. Beginning back spin – entry optional
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

Free skate level 3 Compulsory

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls 4-6 consecutive
3. Back spin
4. Salchow jump
5. Waltz jump/toe loop or Salchow/toe loop

Free skate level 4 Compulsory

1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise
2. Forward power 3's, 2-3 consecutive sets-R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

Free skate level 5 Compulsory

1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop jump
5. Flip jump

Free skate level 6 Compulsory

1. Five step Mohawk sequence – 1 set alternating pattern (refer to Basic Skills Curriculum Freeskate 6)
2. Camel, sit spin combination – minimum of 4 revolutions total

3. Split jump or stag jump
4. Waltz jump, ½ loop, Salchow combination

Free Skate Event: Free Skate 1-6

- The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.
- Vocal music is not allowed
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30 +/- 10 seconds

Freeskate 1

1. Advanced forward stoking – 4-6 strokes
2. Forward outside or inside consecutive edges, 2-4
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

Freeskate 2

1. Forward outside spiral R or L
2. Waltz Three's – R or L
3. Beginning back spin
4. Waltz jump, side toe hop, waltz jump
5. Toe loop

Freeskate 3

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls 4-6
3. Back spin
4. Salchow
5. Waltz jump/toe loop or Salchow/toe loop

Freeskate 4

1. Spiral sequence: FI Spiral, FI Mohawk, BO spiral R or L
2. Forward power 3's, 2-3 consecutive R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

Freeskate 5

1. Spiral sequence: FO spiral, FO 3 turn, 1 backward crossover, backward inside spiral, R or L
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop combination jump
5. Flip jump

Freeskate 6

1. 5 step Mohawk sequence, 1 set alternating patterns
2. Camel/sit spin combination, minimum of 4 revolutions total
3. Split or stag jump
4. Waltz jump/½ loop/Salchow combination
5. Lutz jump

**OFFICIAL ENTRY FORM
Hawkeye Skating Club Basic Skills Competition**

_____	Age (as 4/23/2009)	_____	_____
Competitor's name		Date of Birth	Gender
_____		_____	
Address, City, State, ZIP		Telephone	
_____		_____	
Competitor's email address and or parent email		Highest USFS Basic Skills Level Passed	
_____		_____	
Figure Skating Coach or Basic Skills Program		Coach's email address	
_____		_____	
Club (if paid member)			

PLEASE ENTER ME IN THE FOLLOWING EVENTS (circle desired level):

<u>Basic Elements</u>	<u>Basic Free Skate Program</u>
Snowplow Sam	Snowplow Sam
Basic 1	Basic 1
Basic 2	Basic 2
Basic 3	Basic 3
Basic 4	Basic 4
Basic 5	Basic 5
Basic 6	Basic 6
Basic 7	Basic 7
Basic 8	Basic 8

<u>Free Skate Elements/Compulsories:</u>	<u>Free Skate Program:</u>
Free Skate 1	Free Skate 1
Free Skate 2	Free Skate 2
Free Skate 3	Free Skate 3
Free Skate 4	Free Skate 4
Free Skate 5	Free Skate 5
Free Skate 6	Free Skate 6

ENTRY FEES

Basic Skills First Event	\$35
Basic Skills Additional Event(s) _____ x \$15 =	\$_____
Practice Ice (if desired)	\$10
USFS Basic Skills Membership (if not already a member)	\$5
Late registration fee (after 4/23/09)	\$25
Total enclosed	
(make checks payable to Hawkeye Skating Club)	
	\$_____

Make checks payable to **Hawkeye Skating Club**

Deadline: Postmark by April 23, 2009. Applications must be entirely completed or entry will be returned. Please enclose a self-addressed, stamped envelope or include an email address if you wish to be informed of practice times. Mail to:

Hawkeye Skating Club
c/o Michael Flatté
1165 Oakes Drive
Iowa City, IA 52245

For more information, contact Michael Flatté at: michael_flatte@mailaps.org, email is the preferred form of communication. If email not available, call: **Michael Flatté** at 319-594-2181.

CERTIFICATION PAGE

This page must be included with entry form. ALL SIGNATURES MUST BE INCLUDED OR ENTRY WILL BE RETURNED!!!!

Certification by Skater or Parent/Guardian

Skater: I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this competition and upon the sport of figure skating. I agree to respect the person and property others, and in the event I cause injury, damage or loss to another or to the property of another, I hereby indemnify the U. S. Figure Skating, the local Competition Committee, the host Club (Hawkeye Skating Club) and rink (the Coral Ridge Ice Arena), and their officers, directors, members, committees, representatives, employees and agents, and agree to hold them harmless against any and all claims that another person may have or which may arise out of such injury, damage or loss, together with any reasonable costs and attorney's fees that may be incurred as a result of any such claims, whether valid or not.

Skater/Parent/Guardian: I understand that the USFS and the Hawkeye Skating Club undertake no responsibility for damages or injuries, or loss of property suffered by the competitors. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive the release any and all claims which they may have against nay officials, the USFS, organizers of the competition, the Hawkeye Skating Club and its officers, and their entries shall be accepted only on such condition (CR 10.12).

COMPETITOR Date

Parent/Guardian (if under 18 years of age) Date

Certification by Coach

I certify that the information filled out on this form is correct and that the above skater has entered the division(s) appropriate to test level.

Coach (Name, please print) or Basic Skills Director USFS # or Basic Skills #

Signature Date

Day Phone Evening Phone Email Address